



Monthly Report: February 2025

1] Mega Health Camp organised by Doranda old Xavierians (DOX)

DATE: 2nd February, 2025

Location: St. Xavier's School, Doranda - Ranchi

The National Service Scheme (NSS) unit of St. Xavier College, Ranchi actively participated in the Annual Mega Health Camp organized by DOX on 2nd February 2025. Volunteers played a vital role in assisting patients, coordinating activities, and ensuring the smooth execution of the event.

Volunteers arrived at the venue at 7:30 AM and began making necessary arrangements for the event.

After the setup, they received instructions regarding their roles and responsibilities. The health camp commenced at 9:00 AM.



Each volunteer was assigned a patient and guided them throughout the entire process, ensuring personalized assistance.

A large number of children (both boys and girls of different ages) and elderly individuals attended the camp for medical checkups.



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NATIONAL SERVICE SCHEME

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Volunteers escorted patients to the registration counter.

At the counter: For children, measurements of weight, height, pulse, arm circumference, and head circumference were recorded.

For adults, blood pressure (BP) was also measured.



After registration, volunteers guided patients to the general physician for an initial checkup.

Based on the physician's assessment, patients were then taken to specialists

such as: Dermatologist, Dentist, ENT Specialist, Psychiatrist.

After consultations, volunteers ensured that patients collected prescribed medicines from the pharmac.

Volunteers maintained discipline and friendly behavior, ensuring a smooth and welcoming environment for all attendees.

During the event, Program Officer, Professor **Anirban**

Gupta, was honored with a memento by DOX in recognition of his contribution.

The event concluded at 2:00 PM.





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Every NSS volunteer received a certificate of appreciation for their dedication and hard work

The DOX Annual Mega Health Camp provided NSS volunteers with valuable hands-on experience in healthcare service and event coordination. We gained practical knowledge about patient management, medical procedures, and the importance of teamwork in public health initiatives. This event enhanced our communication, organizational, and leadership skills, reinforcing the spirit of selfless service and community welfare.



2] CANDLE MARCH ON BLACK DAY

Date: 14th February, 2025

Location: College Campus to Shaheed Chowk

On 14th February 2019, India witnessed one of its deadliest terror attacks in Pulwama, Jammu and Kashmir, where 40 CRPF jawans lost their lives in a suicide bombing attack.

This tragic incident shook the nation and remains a stark reminder of the sacrifices made by our brave soldiers.

To honor their memory, the NSS Unit and NCC Candidate of St. Xavier's College Ranchi organized a Candle march on 13th February 2025, expressing deep respect and gratitude for their supreme sacrifice.



The members of the NSS Unit and NCC, along with NSS and NCC alumni gathered at the college campus at 3:30 PM. The atmosphere was solemn as participants prepared to pay homage to the fallen soldiers.

At 4:30 PM, all attendees stood in an organized formation and observed a two-minute silence in memory of the Pulwama martyrs. This moment of silence was a heartfelt tribute to the courage and dedication of the soldiers.



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NATIONAL SERVICE SCHEME

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The candle march commenced from the college campus at 5:00 PM. With candles in hand, the participants walked in silence towards Shaheed Chowk, symbolizing unity, patriotism, and respect for the martyrs.



Upon reaching Shaheed Chowk, the participants gathered for the final tribute. Lt. Dr. Priya Srivastava had the honor of lighting the first candle, signifying the undying spirit of our soldiers. The participants then placed their candles as a mark of respect.

After the tribute, all participants returned to the college campus at 5:40 PM, where they gathered and sang the National Anthem as a final salute to the brave hearts. This concluded the candle march with a deep sense of pride and patriotism. The event successfully instilled a sense of national pride and gratitude among all attendees.

It served as a reminder of the selfless sacrifice of our soldiers and reinforced our commitment to honoring their memory.

The NSS Unit and NCC members pledged to continue their efforts in fostering patriotism and paying tribute to those who safeguard our nation





3] NSS NORMAL CAMP

Date: 16th February, 2025

Location: Pahantoli, Namkum- Ranchi

The NSS Unit of St. Xavier's College, Ranchi, recently organized a meaningful camp at their adopted village, Pahantoli, Namkum. The goal was simple but powerful—make a difference in the lives of the villagers while learning valuable life lessons along the way. The camp brought together volunteers eager to contribute and left a lasting impact on both the community and those who participated.

This initiative wasn't just about providing help—it was about connecting with people, understanding their daily challenges, and working together to bring positive change. It aimed to foster a spirit of empathy, responsibility, and service among the volunteers while addressing real issues faced by the villagers. Through hands-on experiences, the camp encouraged participants to step out of their comfort zones, develop leadership skills, and understand the importance of community-driven change.





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The objectives of the camp were:

To raise awareness about menstrual health and hygiene among female residents.

To assess the current hygiene, water supply, and employment conditions in the village.

To provide essential supplies such as stationery, saplings, and sanitary pads.

To promote cleanliness and environmental consciousness through a cleanliness drive.

To foster a sense of teamwork and responsibility among NSS volunteers.



The day began with a heartfelt session dedicated to the women of Pahantoli. Led by the female NSS volunteers, this gathering wasn't just informative—it was a safe space for open conversations. Topics often considered taboo, like menstrual health and hygiene, were discussed with sensitivity and care.



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The volunteers encouraged the women to share their thoughts and experiences, helping break the stigma around menstruation and equipping them with essential knowledge for their well-being. It was a powerful moment of connection and empowerment.

Meanwhile, other groups of volunteers spread out across the village, knocking on doors and engaging with families. They spoke with the villagers to understand their daily struggles related to hygiene, water access, and employment opportunities.



This wasn't just about ticking boxes—it was about truly listening. The volunteers learned about

the challenges villagers face and gathered information that could help guide future welfare efforts. It was an eye-opening experience for many, highlighting the importance of empathy and awareness.



After a short break for snacks at the Panchayat office, the volunteers returned to the village,



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carrying items that could bring some relief and joy to the residents. They handed out:

Stationery supplies to children, sparking joy and supporting their education.

Plant saplings to encourage environmental care and add greenery to the village.



Sanitary pads to help women maintain their hygiene with dignity.

This simple act of giving wasn't just about distributing supplies—it was about spreading kindness and showing solidarity with the community.

After a busy morning, the volunteers gathered back at the Panchayat office to prepare lunch together. The kitchen buzzed with laughter, teamwork, and shared stories—turning a simple meal into a bonding experience.

This wasn't just about filling hungry stomachs; it was about creating memories and strengthening the bond between the volunteers, making the entire experience feel like one big family gathering.





जेवियर्स के छात्रों ने गांव की समस्याओं को जाना

रांची। संत जेवियर्स कॉलेज के एनएसएस के छात्रों ने रविवार को पाहनटोली, नामकुम में विशेष शिविर का आयोजन किया। डॉ अनिर्बान गुप्ता के निर्देशन में छात्रों ने ग्रामीणों के साथ गांव का सर्वेक्षण कर बुनियादी समस्याओं को जाना। ग्रामीणों से उनकी समस्याओं के निदान के लिए सुझाव भी लिए। शिविर में रिमशाह, हसीब, विजय, आकाश गिरी समेत एनएसएस के छात्र मौजूद रहे।

The NSS camp at Pahantoli village was more than just a social initiative—it was a journey of learning, empathy, and connection. While the volunteers went in hoping to make a difference, they left with lessons that no classroom could teach: the value of community, the power of small acts of kindness, and the joy of working together for a greater cause.

This camp truly embodied the NSS motto: “Not Me, But You”. It was a reminder that true service lies in selflessness and that meaningful change always begins with compassion.

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